

Title:	Debka Hora
Source:	Kersey, R. (1985), <i>Just Five plus 2</i> . Alfred Music.
Origin:	Traditional Jewish Folksong

1.



Lah lah lah lah lah lah lah lah

3



lah lah lah lah lah lah lah lah

2.



lah lah lah lah lah lah lah lah lah lah

3



lah lah lah lah lah lah lah lah

Tone Set:		Scale Type:	
Form:		CSP:	
Type of Song/Game:			
Rhythmic Element(s) Emphasised:		Metre:	
Melodic Element(s) Emphasised:			
Appropriate Year Level:			
Teaching Purpose(s):			

Debka Hora – Dance Actions

Formation: students stand in a single circle holding hands or with arms resting on the shoulders of the people beside them.

Dance consists of 3 phrases of movements as follows. Once dance is learned moving to the right first, it can be repeated fully in reverse – i.e. moving to the left first.

Movements:

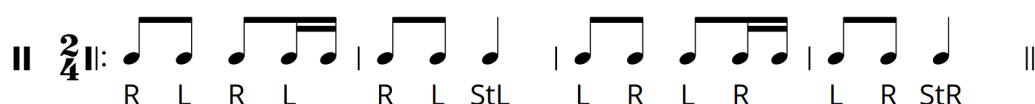
R = Sidestep sideways to the right

L = Sidestep sideways to the left

StR = Stamp with the right foot

StL = Stamp with the left foot

Phrase One:



Phrase Two – first time through:



Phrase Two – second time through:

